



BLACK BELT WORLD CANADA HQ

Weekly Class Schedule
(416) 533-1221

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
12:00 PM - 1:00 PM	Adult Patterns All Belts	Adult Olympic Training All Belts	Adult Curriculum All Belts	Adult Curriculum All Belts	Adult Sparring All Belts	10:00 AM – 10:30 AM Tiny Tiger Ages 3 – 5		
2:00 PM - 3:30 PM	HPAC HIGH PERFORMANCE	HPAC HIGH PERFORMANCE	HPAC HIGH PERFORMANCE	HPAC HIGH PERFORMANCE	HPAC HIGH PERFORMANCE	10:30 AM - 11:15 AM Children All Belts Ages 6 – 12		
2:00 PM - 4:00 PM	PRIVATE LESSONS						11:15 AM – 12:15 PM Family Class Children/Adult Mix	<i>BIRTHDAY PARTY OR PRIVATE LESSONS</i>
4:00 PM - 4:30 PM	Tiny Tiger Patterns Ages 3 – 5	4:00 PM – 4:45 PM Children Olympic Training Blue to Black	Tiny Tiger Curriculum Ages 3 – 5	4:00 PM – 4:45 PM Children Curriculum White to Purple	**SPARRING** Students enrolled in 3x/week or more ONLY	12:15 PM - 1:15 PM Teen & Adult All Belts Ages 13+	<i>BOOK WITH US!</i>	
4:30 PM - 5:15 PM	Children Patterns White to Purple Ages 6 – 12	4:45 PM – 5:30 PM Children Olympic Training White to Purple	Children Curriculum Blue to Black Ages 6 – 12	4:45 PM – 5:30 PM Children Curriculum Blue to Black	4:00 PM - 4:45 PM Tiny Tiger/Children Beginner Sparring White to Purple	1:15 PM - 2:45 PM HPAC FUNDAMENTAL/PEAK & ELITE/HIGH PERFORMANCE		
5:15 PM - 6:00 PM	Children Patterns Blue to Black Ages 6 – 12	5:30 PM – 6:00 PM Tiny Tiger Olympic Training Ages 3 – 5	Children Curriculum White to Purple Ages 6 – 12	5:30 PM – 6:00 PM Tiny Tiger Curriculum Ages 3 – 5	4:45 PM - 5:45 PM Children Intermediate Sparring Blue to Black	3:00 PM - 5:00 PM HPAC ELITE & HIGH PERFORMANCE		
6:00 PM - 7:00 PM	Family Class Patterns Children/Adult Mix	DEMO TEAM TRAINING *Invite Only*	Family Class Curriculum Children/Adult Mix	Family Class Curriculum Children/Adult Mix	5:45 PM - 7:00 PM Children Advance Sparring *Invite Only*	5:30 PM - 7:30 PM REELSTUNTS TEAM TRAINING		
7:00 PM - 8:00 PM	Teen & Adult Patterns All Belts Ages 13+	Family Class Olympic Training Children/Adult Mix	Teen & Adult Curriculum All Belts Ages 13+	BLACK BELT CLASS Black Belts Only WEAPONS TRAINING BBP Students Only	Teen & Adult Sparring All Belts			
8:00 PM - 9:30 PM	HPAC FUNDAMENTAL/PEAK & ELITE/HIGH PERFORMANCE	8:00 PM – 9:00 PM Teen & Adult Olympic Training All Belts	HPAC FUNDAMENTAL/PEAK & ELITE/HIGH PERFORMANCE	HPAC FUNDAMENTAL/PEAK & ELITE/HIGH PERFORMANCE	HPAC ELITE & HIGH PERFORMANCE			

SCHOOL POLICY & IMPORTANT INFO:

1. For safety reasons, parents/spectators are **NOT** allowed on the training area/matted surface.
2. Class schedule may be changed occasionally. Students will be given 3-4 weeks' notice of any schedule changes.
3. White belts and higher may attend Olympic training or Sparring classes. Blue belts and higher require sparring gear.
4. Basic Program (2x/w) students are **INELIGIBLE** to attend the Olympic Training and Sparring classes on Tuesday's and Friday's.
5. Students (Guardian) **will be held responsible** for any damages or vandalism made at Black Belt World.

6. There will be no class on the last Friday of each month due to Testing.
7. Consultation with Master Chang or any instructor requires an appointment.
8. Please try your best to attend class, as credit for missed days is not provided.
9. Any questions regarding monthly payments and contracts can be directed to:
AMS: 1 (800) 275-1600 – "Black Belt World" **School Code: ZXO**

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