




BLACK BELT WORLD WATERLOO

Call: (519) 954-5925

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
12:10 PM - 1:00 PM		Family Class Children/Adult Mix		Family Class Children/Adult Mix		10:30 AM – 11:00 AM Tiny Tiger / Children All Belts	2:00 PM - 4:00 PM HPAC KYORUGI	
1:00 PM - 3:00 PM	PRIVATE LESSONS						11:00 AM – 11:40 AM Family Class Children/Adult Mix	MARTIAL ARTS BIRTHDAY PARTY & PRIVATE LESSONS
3:00 PM - 6:00 PM	AFTER SCHOOL MARTIAL ARTS PROGRAM Ages 4 to 12						11:40 AM – 12:20 PM POOMSAE	
4:30 PM - 5:30 PM	Children All Belts Ages 6 – 12	Children All Belts Ages 6 – 12	Children All Belts Ages 6 – 12	Children All Belts Ages 6 – 12	Children All Belts Ages 6 – 12	12:20 PM - 1:00 PM HPAC POOMSAE		
5:30 PM - 6:00 PM		Tiny Tiger Curriculum Ages 3 – 5		Tiny Tiger Curriculum Ages 3 – 5			CALL OR EMAIL TO BOOK WITH US!! 	
6:00 PM - 6:40 PM	Children All Belts Ages 6 – 12	Children All Belts Ages 6 – 12	Children All Belts Ages 6 – 12	Children All Belts Ages 6 – 12	Children All Belts Ages 6 – 12			
6:40 PM - 7:10 PM	KYORUGI	Family Class Children/Adult Mix	KYORUGI	WEAPONS	Family Class Children/Adult Mix			
7:10 PM - 8:00 PM	Teen & Adult All Belts Ages 13+	Teen & Adult All Belts Ages 13+	Teen & Adult All Belts Ages 13+	Teen & Adult All Belts Ages 13+	7:10 PM - 7:30 PM WEAPONS			
8:00 PM - 9:00 PM	8:00 PM - 8:40 PM DEMO CLASS	HPAC POOMSAE	8:00 PM - 8:30 PM CONDITIONING	PRIVATE LESSONS	7:30 PM - 8:30 PM KYORUGI Color Belts Only			

IMPORTANT INFO:

1. For safety reasons, parents/spectators are not allowed on the training area/matted surface
2. Class schedule may be changed occasionally, every 6 months
3. Blue belts and higher require sparring gear and must be enrolled in at least 3x/week
4. All uniforms and equipment worn in class must be purchased through Black Belt World
5. Students (Guardian) will be held responsible for any damages or vandalism made at BBW
6. There will be no class on the last Saturday of each month due to Color Belt Testing
7. Consultation with Master Chang or any instructor requires an appointment
8. Please try your best to attend class, as credit for missed days are not provided
9. It is mandatory for all students to be registered as Taekwondo Ontario members
10. Any questions regarding monthly payments can be directed to: bbwwaterloo@gmail.com

Subscribe to our automated email system for reminders, news and upcoming notifications!!

KYORUGI & WEAPONS: Must be in Sparring (3x/week) or Black Belt Program to attend.
HPAC: High Performance Athletes & Coaches – designed for competitive forms and sparring

After School Martial Arts Program: Find Out If Your School Is Within Our Pick-Up Zone!!

Come Follow Us On:



550 Parkside Drive. Unit A3. Waterloo. ON. N2L 5V4.

Black Belt World Support: info@taekwondo.ca

www.taekwondo.ca | www.reelstunts.com | www.hpactaekwondo.com